

In conjunction with Children's Hospital Research Center Oakland (CHRCO)

cordially invites you to the...

# 4th Thalassemia Support Foundation (TSF) Conference

Saturday - October 6, 2012

Children's Hospital Oakland Research Institute (CHORI)
5700 Martin Luther King Jr. Way
Oakland, CA 94609
(Down the street from CHRCO)

with support from:







### **Important Note**

Another Conference will be held at the Children's Hospital Los Angeles in April 2013, which will cover the same topics and may have the same speakers/sessions as this conference.

#### Cost & RSVP

This conference is FREE to all attendees. However, **space is limited and an RSVP is mandatory.**If you do not RSVP, there may not be space available to you at the conference.

#### Please RSVP by September 22, 2012.

RSVP to Laurice Levine by calling: 510-428-3885, ext. 5427, or emailing: LLevine@mail.cho.org.

In your email, please include the full names of each person attending.

Also, please include the ages of those under 18-years-old.

#### ???Questions???

Thalassemia Support Foundation — tsf@helpthals.org

Laurice Levine(CHRCO) — 510-428-3885, ext. 5427; LLevine@mail.cho.org

## **Schedule of Events** (Subject to Change)

8:30 - 9:00	Registration and Light Refreshments
9:00 - 9:15	Opening Remarks
	Paul DiLorenzo, PhD - TSF President
9:15 - 9:30	The Importance of Holistic Health and Wellness in patients with Thalassemia
	Elliott Vichinsky, MD - Children's Hospital Research Center Oakland
9:30 - 10:15	Thalassemia throughout the Lifespan
	Laurice Levine, MA, CCLS - Children's Hospital Research Center Oakland
10:15 - 10:30	Break
10:30 - 11:30	Balancing Thalassemia and your Daily Life
	Liz Morraso, MSW - Children's Hospital Los Angeles
11:30 - 12:00	Nutrition and Exercise
	Ellen Fung, RD, PhD - Children's Hospital Research Center Oakland
12:00 - 1:00	Buffet Lunch
(Concurrent)	Getting Involved with TSF
	Charlie Hunt - TSF Treasurer
1:00 - 2:30	Panel Discussion: Coping with Thalassemia
2:30 - 2:40	Closing Remarks
	Paul DiLorenzo, PhD - TSF President
2:40 - 3:30	Breakout Sessions
	Patients, Parents, and Significant Others
3:30 - 4:30	Afternoon Reception - Desserts will be Served